



Andrea Mastrobattista

Inspirational Speaker & Workshop Facilitator

Andrea Mastrobattista is a celebrated inspirational speaker and workshop facilitator who helps you recognize, embrace and embody your innate ability to live your most fulfilling life, no matter what challenges you face. Growing up with spina bifida and currently running her empire from bed as she heals a pressure wound, Andrea has developed a lifestyle based on determination and adaptability that allows her to reach her goals despite, or perhaps *because of*, the challenges she faces. Andrea's messages of resilience and self-empowerment help clients step boldly into the lives they were born to live.

Keynotes & Workshops

Each of these transformational presentations, which are focused on building resilience with the goal of living life to the fullest, can be given as a keynote or workshop.

FLIP YOUR SCRIPT Mastering Positive Self-Talk

Practice re-framing the way you talk to and about yourself and discover how you can re-focus your thoughts onto what you truly want.

KNOCKED DOWN, BUT NOT OUT Cultivating Your Resilience

Learn how to ask for help without feeling weak or embarrassed, allow challenges to fuel your energy rather than drain it, and develop a healthy mindset so that you can face challenges like a champion.

TURN WEAKNESSES INTO SUPERPOWERS Thriving Through Adversity

Your weaknesses don't have to be your downfall. They can actually become your greatest triumph. Discover how to transform your shortcomings into your superpowers so that, when adversity strikes, you don't just survive ... You THRIVE!

LIVING BEYOND LIMITS Creating Your Most Fulfilling Life

Are you beaten down by everything that's keeping you from living the life you want? Well, you don't have to be. You have what it takes to break free from whatever's holding you back so you can create and live your most fulfilling life.

YOUR TRUE YOU DIGITAL VISION BOARD WORKSHOP Intentional, Strategic Vision Boarding

Learn a quick, easy and fun way to create an on-line vision board with intention that will give you clarity and results, putting you on the path to becoming your authentic self and living the life of your dreams.

Background & Specialties

Andrea has a proven track record of helping her clients strengthen and maintain their resilience, self-esteem, discipline and determination so that, even in the face of adversity, they live their most fulfilling lives.

Her keynotes and workshops focus on these topics:

Transforming Challenges into Opportunities and Weaknesses into Superpowers

Teaching Positive Self-Talk | Developing Resilience | Fostering Self-Empowerment | Living Beyond Limits

Using Strategic Digital Vision Boards to Create and Live a Fulfilling Life

Social Media

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Contact

To book Andrea for virtual speaking engagements or interactive workshops:

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